



WHEN READING, I CAN DISTINGUISH READILY BETWEEN IMPORTANT AND UNIMPORTANT POINTS.

I BREAK ASSIGNMENTS INTO MANAGEABLE PARTS.

I MAINTAIN A CRITICAL ATTITUDE DURING MY STUDY - THINKING BEFORE ACCEPTING OR REJECTING.

I RELATE MATERIAL LEARNED IN ONE COURSE TO MATERIALS OF OTHER COURSES.

I TRY TO ORGANIZE FACTS IN A SYSTEMATIC WAY.

I USE QUESTIONS TO BETTER ORGANIZE AND UNDERSTAND THE MATERIAL I AM STUDYING.

I TRY TO FIND THE BEST METHOD TO DO A GIVEN JOB.

I SOLVE A PROBLEM BY FOCUSING ON ITS MAIN POINT.

4 = ALWAYS 3 = USUALLY 2 = SOMETIMES 1 = Never



TOTAL > 28

YOUR SKILLS IN THIS AREA REFLECT GOOD USE OF THE STRATEGIES REQUIRED TO EFFECTIVELY ORGANIZE AND PROCESS INFORMATION TO ENHANCE YOUR LEARNING. THE SELF-HELP RESOURCES CAN SERVE AS A REVIEW FOR YOU.

TOTAL 21 - 28

YOU MAY NOT BE USING THE BEST STRATEGIES FOR YOUR PARTICULAR LEARNING STYLE. YOU CAN IMPROVE IN THIS AREA BY EXPLORING THE SELF-HELP RESOURCES AVAILABLE.

TOTAL 20 OR LESS

YOU WILL BENEFIT FROM INCREASING YOUR AWARENESS OF YOUR BEST LEARNING STYLE AND BY APPLYING THE STRATEGIES THAT DIFFERENT LEARNING TASKS REQUIRE. WE ENCOURAGE AND RECOMMEND THAT YOU MAKE USE OF THE SELF-HELP RESOURCES LISTED ON THIS PAGE.